Pennsylvania Assisted Living Association



Spring 2018 Conference Eden Resort and Suites Lancaster, PA April 9-11, 2018



EARN UP TO 13.5 CEU'S FOR

Personal Care, Assisted LivinG & NursinG Home Administrators

Community Relations
Human Resources
Person-Centered Care



Leadership
Advocacy
Regulatory Compliance



Welcome Reception and Vendor Expo – Monday April 9

Join us Monday evening to begin your treasure hunt! Our welcome reception with the Exhibitors will begin at 7:00pm in the Courtyard. Receive your treasure map and begin exploring the vendors to **Discover Your Hidden Treasures**.

Vendor Expo - Tuesday April 10

Begin your day with breakfast and discover the Vendor Expo products and services. Complete your treasure map to qualify for special prizes. Visit each booth to enter to receive booth prizes at 3:00pm.

Discover Your Hidden Treasures Reception – Tuesday April 10

Relax and enjoy networking and refreshments with fellow attendees and the PALA Board of Directors.



Location:

Eden Resort and Suites: A Best Western Premier Hotel 222 Eden Road, Lancaster, PA 17601 (717) 569-6444



Hotel Room Reservations:

PALA has secured exclusive room rates starting at \$127.95 at the Eden Resort & Suites

Please note: PALA's "Group Block" cutoff date is March 9, 2018 Reserve your hotel room by calling the Eden at (717) 569-6444 or online at www.edenresort.com. Group Code is **1320954**



Continuing Education Credit:

All sessions have been submitted, and PALA expects approval, for 13.5 credits for assisted living administrators, personal care administrators, and nursing home administrators by the National Association of Long Term Care Administrator Boards (NAB).



Business casual attire is appropriate. We recommend you layer your clothing, as it is difficult to find an appropriate temperature suitable for everyone.



Meals Provided:

Breakfast and lunch will be provided to all attendees during both days of the Conference.

Change of Session/Time:

PALA reserves the right to edit or change the speaker line-up. Please check the your email in the days leading up to the Conference for any changes to the Conference schedule.

SCHEDULE

DISCOVER YOUR HIDDEN TREASURES

Monday April 9	Pre-Conference		A A
4:00pm-6:45pm	Lobby	REGISTRATION	
7:00nm-8:30nm	Courtvard	WEI COME RECEPTION with Exhibitors	

Tuesday, April 10	Day 1 Sessions – 6 CEU's		
6:30am	Lobby	REGISTRATION	
7:00am-8:00am	Courtyard	BREAKFAST with Exhibitors	
8:00am-8:30am	Crystal Ballroom	OPENING REMARKS Tim Coughlin, PALA President and Margie Zelenak, PALA Executive Director	
8:30am-9:30am	Crystal Ballroom	How to Screw up, Stress Out & Get Nothing Done – Dr. Steve Bedwell	
9:30am-9:45am	Courtyard	BREAK with Exhibitors	
9:45am-10:45pm	Crystal Ballroom	Solving Problems, Managing Frustration & Taking Action in Chaotic Times Dr. Steve Bedwell	
	Regency Ballroom	Legalities of Security Cameras & Nanny Cams Steven Boell & Jacob Sitman; Fitzpatrick, Lentz & Bubba	
	Presidential Room	Quality Management/QAPI 101 – Gail Bergmann, Brookdale Senior Living	
10:45am-11:15am	Courtyard	BREAK with Exhibitors	
11:15am-12:15pm	Crystal Ballroom	OAPSA and Criminal Background Requirements – Jack Kane, Offit Kurman	
	Regency Ballroom	The Importance of Social Media & Digital Marketing Jill Kahlenberg, Marketing Management Solutions, LLC	
	Presidential Room	Activities 101 – Kelly Covone-Henning, UPMC Senior Communities	
12:15pm-1:15pm	Arthurs & Courtyard	LUNCH with Exhibitors	
1:15pm-2:45pm	Crystal Ballroom	Emergency Preparedness – Kevin Craver, PEMA	
	Regency Ballroom	PCH vs ALR - Jill Kachmar, BHSL	
	Presidential Room	Infection Control 101 – Margaret Martin, UPMC Senior Communities	
2:45pm-3:15pm	Courtyard	SNACK BREAK with Exhibitors & Prize Giveaway	
3:15pm-4:45pm	Crystal Ballroom	Sexual Harassment in the Workplace – Craig Porterfield, Paraclete Partners	
5:15pm-6:15pm	Crystal Ballroom	Discover Your Hidden Treasures Reception	

Wednesday, April 11	Day 2 Sessions – 7.5 CEU's				
6:30am	Lobby	REGISTRATION			
7:00am-8:30am	Courtyard	BREAKFAST			
6:45am-7:15am 7:15am-8:15am	Presidential Ballroom Presidential Ballroom	BREAKFAST & LEARN: Legislative Updates including Community HealthChoices Margie Zelenak, PALA Executive Director and PALA Board Members			
7:15am-8:15am	Presidential Ballroom	Having the Sex Talk with Dad – Elaine Sanchez, Caregiverhelp.com			
Presidential Ballroom		BREAK			
10:15am-11:45am	Crystal Ballroom	Giving Caregiver Guilt the Boot – Elaine Sanchez, Caregiverhelp.com			
	Regency Ballroom	Positive Approach to Dementia Care – Ann Coda, Memory Care Consultant			
	Presidential Room	RASP 101 – Michelle Strauser, BHSL			
11:45pm-12:15pm 12:15pm-1:45pm	Courtyard Courtyard	LUNCH & LEARN: Turning Negativity into Positivity – Tim Connor, CSP			
2:00pm-3:00pm	Crystal Ballroom	Dealing with Caregiver Depression & Grief – Elaine Sanchez, Caregiverhelp.com			
	Regency Ballroom	Maintaining Relevance in a Rapidly Changing World – Tim Connor, CSP			
	Presidential Room	Dementia 101 – Ann Coda, Memory Care Consultant			
3:00pm-3:15pm	Outside Crystal Ballroom	SNACK BREAK			
3:15pm-4:15pm	Crystal Ballroom	Bureau of Human Services Licensing Updates – Jacci Rowe, BHSL Director			

Schedule is subject to change

REGISTRATION DISCOVER YOUR HIDDEN TREASURES

STEP #1 – INDICATE APPROPRIATE REGISTRATION PRICING

Early Bird (Ends February 19) Almost Spring Discount (Ends March 19) Easter Savings (Ends April 2) Single Day Conference Rate - Day One Tue Single Day Conference Rate - Day Two We			\$199 \$259 \$359 \$200 \$200	□ \$299 □ \$359 □ \$459 □ \$300 □ \$300
STEP #2 – INDICATE ADDITIO	ONAL ADD-ONS	TO PALA CONFE	RENCE (IF INTE	ERESTED)
Welcome Reception, Monday, April 9 – 7				
Early Bird Breakfast & Learn, Wednesda	,	,	•	es"
(There is limited seating and You will	d for the Breakfast & Le receive a ticket for adn		'Sold Out" Status.	
STEP #3 – PLEASE COMPLETE TH	IE REQUIRED RE	EGISTRATION AN	D PAYMENT IN	NFORMATION
Attendee Name:				
Community:				
Address:				
City:	State:	Zip:		
Phone:	Email:			
Special Dietary Request:				
$\hfill \Box$ By checking this box, I would like to opt out of vendor em	nails.			
☐ Attention Licensed Nursing Home Administrators: NAB is requiring PALA to input CEU for NHA into the check the box and we will send you further information. Please list your NHA License Number here:	ation for registration	on the NAB website.	e CEU for your NH <i>A</i>	A License please,
Check enclosed in the amount of \$ pa	yable to PALA.			
Amount to charge my credit card \$	UVISA Maste	rCard □American Exp	ress Discover	
Printed Name on Card:				
Authorized Signature:				
Card #:	Ехрі	ration date:	(CW:

STEP #4 - THREE WAYS TO COMPLETE REGISTRATION

EMAIL/SCAN: joan@pala.org **FAX TO PALA:** (717) 695-9735 **MAIL TO PALA:** PALA - 105 North Front Street, Suite 106, Harrisburg, PA 17101

IMPORTANT INFORMATION

- Conference Cancellations are due by Monday March 26, 2018 for full reimbursement.

 Post-March 26, 2018 Conference Registration is non-refundable OR can be transferred one time to our 2018 PALA Fall Conference
- Please note, the email provided on this registration form will be the contact email for any Conference announcements and receipts.
 This email address will be alerted regarding any Conference time changes, speaker changes, etc.